



Natural Hair Coloring

By Christine Shahin

Storey Publishing LLC, United States, 2016. Paperback. Book Condition: New. 228 x 177 mm. Language: English . Brand New Book. Commercial hair dyes contain thousands of different chemicals, some of which are reported to be carcinogenic but you don t have to choose between gorgeous colour and good health. Hair care expert Christine Shahin shows you how to use nontoxic natural plant pigments - henna, indigo, amla, and cassis - to colour your hair naturally, and with beautiful results! These pigments are readily available at natural food stores and online; they re simple, safe, and easy to use; and they cost much less than a trip to the salon. With clearly written instructions and step-by- step photography, Shahin shows you exactly how to apply these pigments, alone or in combinations, to achieve a full range of shades of brown, black, and red. She also includes instructions for transitioning from chemical dyes to natural ones and for using chemical and natural dyes together.



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Reviews

Completely one of the best publication I have actually read. Indeed, it is perform, nonetheless an interesting and amazing literature. Your lifestyle span will likely be transform when you complete reading this book.

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This book will be worth buying. Better then never, though i am quite late in start reading this one. You may like how the blogger compose this publication.

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