



Natural Hair Coloring

By Christine Shahin

Storey Publishing LLC, United States, 2016. Paperback. Book Condition: New. 228 x 177 mm. Language: English . Brand New Book. Commercial hair dyes contain thousands of different chemicals, some of which are reported to be carcinogenic but you don't have to choose between gorgeous colour and good health. Hair care expert Christine Shahin shows you how to use nontoxic natural plant pigments - henna, indigo, amla, and cassia - to colour your hair naturally, and with beautiful results! These pigments are readily available at natural food stores and online; they're simple, safe, and easy to use; and they cost much less than a trip to the salon. With clearly written instructions and step-by-step photography, Shahin shows you exactly how to apply these pigments, alone or in combinations, to achieve a full range of shades of brown, black, and red. She also includes instructions for transitioning from chemical dyes to natural ones and for using chemical and natural dyes together.



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Reviews

Completely one of the best publication I have actually read. Indeed, it is perform, nonetheless an interesting and amazing literature. Your lifestyle span will likely be transform when you complete reading this book.

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This book will be worth buying. Better then never, though i am quite late in start reading this one. You may like how the blogger compose this publication.

-- Mrs. Kylie Oberbrunner II