



## Bedtime

By Elizabeth Verdick

Free Spirit Publishing Inc., U.S., United States, 2010. Board book. Book Condition: New. Marielka Heinlen (illustrator). Board Book.. 175 x 173 mm. Language: English . Brand New Book. Ease little ones into the get-ready-for-bed routine with this warm and cozy bedtime book. Aided by Mom and Dad, a sister and brother enjoy a little snack, relaxing baths, time for brushing teeth, stories, lullabies, back rubs, and hugs. Cheerful, soft illustrations and reassuring text set a tone that helps toddlers feel good about settling down to sleep. (As the narrator explains, I do my best growing when I'm sleeping.) In the morning, the children will yawn, stretch, and be a little bit bigger, a little bit stronger, and a little bit smarter--all because of a good night's sleep. Includes tips for parents and caregivers.



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### Reviews

*Completely essential read book. I could possibly comprehend every little thing using this written e book. You won't sense monotony at any moment of your own time (that's what catalogues are for relating to if you ask me).*

-- **Rosendo Douglas DVM**

*Good e book and valuable one. Better than never, though I am quite late in starting reading this one. You are going to like how the article writer publishes this publication.*

-- **Malcolm Block**